

26f Athletics

Name _____

As you reread *Athletics*, write the names of all the events you read. Remember to read the captions and diagrams as well as the text.

Choose one of the athletics events you have listed. Use an encyclopedia, books, or the Internet to find out about the event you have chosen.

1. What are the rules of this event?
2. Who is a famous athlete competing in this event?
3. What is the world record or Olympic record for this event?
4. What equipment and safety features are needed for this event?

Present your information on a poster. Remember to include –

- A bright colourful heading
- Clear information with correct spelling
- Your name
- The name of the book, encyclopedia or web address where you found your information
- Include a drawing or diagram

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There are several diagrams in the book *Athletics* that give extra information. Look carefully at the diagrams and answer the questions.

Page 7

What is the distance around the track? _____

How many times does an athlete in the 800 metre event run around the track? _____

Do all the events start at the same spot on the track? _____

Do all the events finish at the same spot on the track? _____

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What is the men's long jump record? _____

What is the women's long jump record? _____

Pages 20–21

What is the men's discus record? _____

What is the women's shot-put record? _____

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Write a newspaper article describing an athletics event.

Include the following information –

What is the name of the event?

Is it a track or field event?

Is it a team or individual event?

What are the rules of the event?

What equipment and safety features are required for the event?

How can athletes train and prepare for the event?

What will athletes wear when they are competing in this event?

Include a picture of an athlete or athletes participating in your event.

