

Making a Cheesecake

Name _____

Complete the details and add your thoughts as you read.

What is a cheesecake?

Preparing for cooking

Kitchen safety tips

Cooking equipment

Action words used to begin each step

Interesting words from the book



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Name _____

Complete the details and add your thoughts as you read.

My thoughts about the
Uncooked Lemon Cheesecake

My thoughts about the Baked
Chocolate Strawberry Cheesecake

My thoughts about the
Frozen Blueberry Cheesecake

My thoughts about the
Tofu Cheesecake



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Multiple Intelligences (verbal-linguistic, intrapersonal)

Think of your favourite things to eat. Add a word to smarten up the name of each one.

A	Apple Pie Divine	N	Nana's Super Noodle Soup
B		O	
C		P	
D		Q	
E		R	
F		S	
G		T	
H		U	
I		V	
J		W	
K		X	
L		Y	
M		Z	



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Plan a menu for a special occasion. Add some decorations to this page. Make a list of delicious treats for each of these groups:

Snack foods

e.g., Chips

Filling foods

e.g., Double decker sandwiches

Drinks

e.g., Fruit punch

Desserts

e.g., Blueberry cheesecake



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The instructions for recipes often begin with a verb, or action word. Choose the action word from the box at the bottom that you think fits each of these steps. Cross out the words as you use them.

1. _____ the cream cheese until it is soft and smooth.
2. _____ the eggs into the bowl.
3. _____ the oven to 180 degrees Celsius.
4. _____ the biscuits finely.
5. _____ the biscuit mixture evenly onto the base.
6. _____ the eggs.
7. _____ the pan into the oven.
8. _____ the crushed cocoa, biscuits, and butter together in a mixing bowl.
9. _____ the cream cheese in the microwave.
10. _____ the filling into the crumb base.

Word list:

spread	mix	put	sprinkle	blend
press	heat	add	soften	beat
pour	stir	crack	melt	preheat

Use the leftover words to begin some sentences below.

1. _____
2. _____
3. _____
4. _____
5. _____



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Look through some recipe books. Not all recipe books are the same, but here are some other things you might see. Think about why the book has them and record your thoughts on the table below.

Features the book may have	Purpose of the feature
Introduction This may have a heading or it may not. It may be a note from the author to the reader.	To introduce the book to the reader. It may give some cooking tips to the reader, or extra information about ingredients or methods.
Contents Page Check how the information is organized (e.g., food groups, meal types).	
Numbered steps in the introduction	
Ingredients in a list	
Colourful, inviting photographs	
Glossary	
List of useful terms	
Conversion charts	
Index	



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You need to be very careful when following instructions. Many things can go wrong if you don't take care. What could happen if:

You didn't make sure an adult was in the kitchen while you were cooking?

You were not careful while cutting or chopping?

You forgot to use an oven glove to pick up something hot?

You forgot to turn off the oven?

You left the kitchen floor wet and sticky after cooking?

